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Meet Our Principal Brianna Moore Mikel Council



Ms. Nwanguma grew up in Camden, New Jersey and has been the Winslow Township Middle School principal for 5 years. It may be challenging at times, but she LOVES her job as our principal. It's all a part of responsibility.

What's your favorite sports team? Ms. Nwanguma's favorite football team is the Philadelphia Eagles. Even though she roots for green her favorite color is red.

You will more than likely see our principal throughout the day walking the halls or visiting the

WTMS is a Bully Free Zone! Christopher Ferrell

Several types of bullying can occur during the school year at WTMS, such as sexual harassment, racial and religious torment, teasing, hazing and intimidation. None of these actions shall be tolerated! If you have any problems with a bully contact the nearest teacher or administrator. If you see someone being bullied, don't hesitate to report it. Remember there are consequences for being a bully! Help create a pleasant and safe school environment. We need the "Willpower" to stop it. Willpower is the "W" in WTMS's Motto! We have S.W.A.G., don't forget it! Have a bully-free year!

Breast Cancer Awareness Month

Janet Martin

October is National Breast Cancer Awareness Month (NBCAM). Many of us know of a person who is being affected by breast cancer, whether they are a mom, aunt, sister, grandmother, or friend. The Susan G. Komen Breast Cancer society has an annual 3-day walk. You must be 16 to walk, but 11 year olds can join the Youth Corp. The Youth Corp members act as crew members during the 3-day. The 3-day walk is a fundraiser; each participant is expected to raise a minimum of \$2,300. Each day the participants travel approximately 20 miles. This comes to a total of 60 miles. Registration for the walk this year is no longer available, but if your family member(s) are interested in the walk next year registration is due by December 12, 2013. The registration fee is only \$35. It is not too late to witness the festivities of the walk. Spectators are welcome always. Show your support for breast cancer survivors and anyone fighting breast cancer by being involved with NBCAM! We are pink on October 31st to show your support for breast cancer awareness.



Dear Alex,

I just got a new pair of glasses and they look really nerdy. The day before I got my new glasses I had a fight with a friend. When I came in the next day my friend had turned everyone against me. Now everybody is calling me super nerd, what should I do?

From, Nerdy girl

Dear, Nerdy girl

This is an easy fix. Step 1: Try to apologize to your friend, maybe she'll tell everybody to stop. Step 2: if that doesn't work, then you ignore everybody saying super nerd. Step 3: if you can't ignore them, then laugh along. It always works. If none of that works, tell an adult. That is how you deal with being called super nerd.

Sincerely, Alex

If you want advice from Alex, drop off a note to B103 or B109.



- 1) I'm reading a book about anti-gravity, it's impossible to put down.
- 2) Police were called to a daycare where a three-year-old was resisting a rest.
- 3) To write with broken pencil is completely pointless.

Healthy Living

Ciara Craig and Cierra Pearson

Hey guys, do you eat a healthy breakfast every morning? First Lady, Michelle Obama, has set a goat to get all kids active and healthy. The Task Force recommends focusing on the five following bullet points of the First Lady's *LETS MOVE initiative*, creating a healthy start for children. 1. Empowering parents and caregivers. 2. Providing healthy food in schools. 3. Improving access to healthy, affordable foods. 4. Increasing physical activity. Here is a healthy recipe is to help you get your day started right.

Yogurt-on-the-Go

3/4 cup light fruit-flavored yogurt 1 tbsp. of your favorite fruit Small cut pieces of another favorite fruit 1/3 cup of another favorite Mix them all together in a cup

Calling All Artists and Poets!!

Do you wish people could see your art work? Submit your drawings to Ms.Stover in homeroom B109 or to Mrs.Smith in homeroom B103 where every month there will be a drawing contest winner.

Attention all poets! Would you like one of your poems published in the school newspaper? The Eagle Inquirer is having a section of its newspaper called "Poetic Justice". If you would like to have a poem published, please enter your poem to Miss Stover in B109 or Mrs. Smith in B103.

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Featured Sports and Clubs



Boys Soccer October Schedule

Tuesday Oct 1 vs. Collingswood / 3:45
Thursday Oct 3 vs. CW Lewis / 3:45
Monday Oct 7 A kingsway / 3:45
Tuesday Oct 8 vs. Lindenwold / 3:45
Thursday Oct 10 vs. Monongehelia / 3:45
Tuesday Oct 15 @ Rosa / 3:45
Wednesday Oct 16 @ Collingswood / 3:45
Friday Oct 18 @ Beck / 3:45
Monday Oct 21 vs. Kingsway / 4:00
Thursday Oct 24 @ Lindenwold / 3:45
Tuesday Oct 29 vs. Rosa / 3:45

CLUB EVENTS

Come Join Renaissance! You can join every marking period just as long as you hand in an application. Renaissance goes on lots of trips and has lots of fundraisers, like the recent one that passed on the 18th of September at Nick's Pizza. Ms. Kownacki is the advisor for renaissance. Multi-cultural Club meets once a month and participates in many fun activities. For instance, they do crafts depending on the month. September was Spanish Heritage Month and the Multicultural Club made beautiful flowers with colorful tissue paper as the petals and pipe cleaners as the stems. They also tried Hispanic food like chips and salsa. You can come to any meetings at any time as long as you sign up which you can do at any time in the year. Lastly, Yearbook Club is looking for members. You can sign up as a promoter, designer, or photographer. You have to get a signature from 3 staff members (for example: a teacher) on your application. Their first meeting is being held October 8th.

Horoscopes

Tanya Black

Libras!!- Sept. 24 - Oct. 22

You're definitely a thinker. You're rarely at a loss for words ... even on your worst day you have the gift of the gab! You also have charm in the way you convey your feelings. This is another of your very positive traits. Even people who don't agree with what you have to say can't resist you and will usually behave well around you — you're simply a nice person. Your special days are Wednesday, Friday and, Saturday. Your special planet is Venus.

Hey Scorpios! Oct. 23- Nov. 21

Your star sign is probably one of the most misunderstood signs of the zodiac. It has had a pretty bad rap over the years, but that's just because what people don't understand, they tend to fear it Your luck days are Mondays, Tuesdays, Thursdays and Sundays. Your lucky planet is Mars.

Tip of the Month

It's always a good thought to gather your belongings from your locker BEFORE 7th period. Or you'll be in a pickle, especially if you have to travel a long distance. During Homeroom, if you have period four lunch, I suggest taking your supplies for period 1-3, then before lunch get your belongings for periods 5-8. Don't be late though! You have to plan out your day on a manageable schedule!!Also, try not to get to distracted by the cookies and cooking going on in the H hall.



Have a safe and Happy Halloween

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Winslow Township Board of Education Considers Uniforms



The Winslow Township Board of Education is considering uniforms for the 2014-1025 school year. How do you feel about having a new uniform policy? Have you talked this over with your parents? Invite your parents to voice their opinions about the new uniform policy. A Board of Education meeting will be held on Wednesday, October 23, 2013 at 7:00 p.m. in the Winslow Township Middle School cafeteria. They want to hear from parents, so encourage your parents to attend!

Middle School Survival Tips

Middle school can be tough! For seventh graders it is a new environment with many new faces and teachers surrounding them. Some wonder how to fit in with the crowd. For eighth graders, they have to take the lead and be an example to the new students and still face the many challenges of getting ready for high school. Here are some survival tips for middle school students:

- **Know your school's rules** You don't want to get in trouble with the teachers or principal in your first year for breaking all sorts of rules you don't even know about. Make sure you learn your school's dress code as well as the other rules and then follow those rules! Making the teachers dislike you or making yourself seem like a troublemaker is only going to make things harder for you.
- **Choose your friends wisely** This is very important. Be friends with people who don't start drama or participate in drama and you'll avoid all of the worst things about middle school. Every group has a few problems, but if you suddenly feel like your life could be a Disney Channel show, you might want to consider a calmer group of friends.
- **Learn how to solve problems** This is a really important skill, not just for getting through middle school but for getting through your whole life! If you learn good ways to solve problems, you'll be able to handle anything that comes your way!
- **Don't pay attention to gossip.** This is the best thing to do to avoid trouble in middle school. There will be lots of gossip and lots of people spreading malicious (really mean) rumors. Ignore those rumors, even when they're about you, and if anyone tells or asks you about a rumor, tell them to ignore it and not spread it around. Rumors break friendships, create enemies, hurt feelings, and make things worse for everyone.
- **Join clubs.** A great way to meet new friends is to join clubs or sports teams at your new school. Most schools will have at least a few clubs and some have lots! Find one that sounds good to you. It is a great way to stay active and out of trouble...